Doubling the effort against cancer

Hospitals such as ICESP and

A.C. Camargo combine basic research

with applied research in the
search for better treatments for tumors

Suzel Tunes

PUBLISHED IN DECEMBER 2018

ringing the laboratory bench closer to the patient's bedside is becoming a key objective for oncology centers and specialized institutes, as well as for general hospitals with sectors dedicated to the study and treatment of cancer. This trend has been verified in both standard public institutions and private establishments. The Cancer Institute of the State of São Paulo (ICESP), which was established 10 years ago and has cared for 95,000 patients, has quickly built bridges between treatment and research. Since the institute was established, its 25 fulltime researchers have published close to 1,000 scientific articles. On the eighth

floor of the ICESP facility, which belongs to the government of the state of São Paulo and is located in the state capital, there is a small service elevator to the 13th and 14th floors, where the hospital's 18 surgical rooms are located. Tumors removed from patients are transported on this elevator to one of the laboratories of the Center for Translational Research in Cancer (CTO), where nearly 500 diagnoses are made each month. From the pathology laboratory, the material used for diagnosis-now divided into hundreds of samples of tumor cells and tissues preserved on glass slides and in paraffin blocks-continues to the biobank. This information is added to the patient's record, and these samples remain available for research projects that are often born from questions posed by physicians who work in treatment.

The path of the 23,000 samples of biological material in the biobank demonstrates the dynamics and philosophy of the work performed at the CTO. "ICESP is making a significant social impact in its work providing care, and the impact of its research is the generation of knowledge. The combination of care and research allows for desired and possible synergies to arise," comments Roger Chammas, professor of oncology at the University of São Paulo School of Medicine (FM-USP) and coordinator of the CTO.





The structure of ICESP itself encourages the consolidation of efforts: the building has 28 floors with dedicated spaces where teaching, research, and medical care coexist.

The biobank is a principal meeting point for researchers from ICESP and other institutions. However, it is not the only one. The laboratories occupy close to 1,500 m², representing 60% of the 8th floor, and are shared by researchers from various areas, including cellular and molecular biology, genetics, pathology, virology, biotechnology, and epidemiology. When ICESP was created, dozens of researchers dedicated to the study of cancer were spread out among various USP sites. "Our plan was to create a structure that would accommodate the samples required and provide access to advanced technology for all of these research groups, with the docents of the Oncology Department managing the center," recalls Chammas. That is how the CTO came about.

The biobank, which facilitated the planning carried out by the research groups, made it possible to begin collecting material before funding for the scientific project was received. "The biobank is a treasure," confirms physician Maria Aparecida Koike Folgueira, head of the department of radiology and oncology at FM-USP, which leads various studies on genetic and environmental factors in young patients with cancer. "Before, we could only begin to collect samples after the project was initiated."

TRANSLATIONAL MOVEMENT

Since 2010, when the CTO structure was built, more than R\$73 million has been invested in research: R\$2.5 million was donated by the Ermírio de Moraes family and was used to build the laboratories, with the rest coming from ICESP itself, the National Support Program for Oncology Care (PRONON), the Ministry of Health, and from projects funded by FAPESP. The CTO houses 13 projects divided into four research programs:

therapeutic and diagnostic innovation, molecular oncology, epidemiology, and clinical research and prevention. Chammas avoids making distinctions between basic research and applied research. "We want to answer questions. If the question requires basic research, we go in that direction. Translational research transfers the knowledge generated by the basic area for clinical use, a medical application," confirms the researcher. "Brazil does not have a history of translational medicine, but this is changing. Researchers are beginning to see that work cannot be done in isolation," notes American molecular biologist Bryan Strauss, who manages the ICESP Viral Vector Laboratory.

Strauss has been in Brazil since 1998 and leads a genetic therapy project that aims to develop a form of immunotherapy for melanoma, the most aggressive form of skin cancer. In this technique, a neutralized virus is inserted into the patient's cells and used as a carrier of two suppressor genes for the tumor. "They cause the tumor cells to die and release elements that induce an immunological response against these cells," explains the molecular biologist. "Thus, the genes 'teach' the organism how to protect it-

Translational research transfers knowledge generated in basic research to clinical use, says Roger Chammas

self." In the laboratory, Strauss has the opportunity to analyze the behavior of cancer cells taken from ICESP patients undergoing treatment, which enables him to assess the heterogeneity of the tumors and the differences in their response to treatment. At the same time, he is seeking to understand, using rodents, the reaction of the immune system to genetic therapy. In the future, Strauss plans to use dogs in his research. "Cancer in dogs is similar to cancer in humans. Studies with rodents have many limitations," he explains.

The A.C. Camargo Cancer Center, a private nonprofit institution in São Paulo that is funded by the Antônio Prudente Foundation, also invests in efforts to bring treatment closer to research.

According to biochemist Vilma Regina Martins, superintendent of research for the institution, 18 experts are dedicated full-time to research, but there are also professionals on the clinical team who do research and advise postgraduate students funded by the hospital. In total, 60 professionals of the 600 physicians who work for the institution are involved in research. Last year, 77 postgraduate students completed their degrees and published a total of 182 articles in international scientific journals.

The hospital has an exclusive area for scientific activities-the International Center for Research (CIPE), a building that is located near the institution's headquarters and measures 4,000 m². In this center's laboratories, translational research is carried out by groups in genomic and molecular biology, bioinformatics, investigative pathology, immunooncology, tumor biology and biomarkers, epidemiology, and biostatistics. "We have participated in clinical trials for the past 10 years," says Martins. Every year, A.C. Camargo invests close to R\$18 million of its own funds in research, in addition to R\$4 million obtained from funding agencies and other sources.

In October 2017, a new research group was launched led by American immunologist Kenneth Gollob, who has been based in Brazil for 20 years. His team monitors close to 300 patients, primarily those with tumors in the lungs, stomach, head, and neck or with melanoma, who have received some form of immunotherapy recognized by the Brazilian Health Regulatory Agency (ANVISA). The goal of his team is to observe the response of each patient during treatment. "Close to 25% of oncology patients respond well to this therapy. Many suffer from side effects that we are not vet able to control. However, for those who undergo immunotherapy, the response is very good. We have patients who had a



In 2017, the Hospital de Amor in Barretos inaugurated the Molecular Research Center for Prevention



Equipment used in DNA sequencing for oncology studies at the Sírio-Libanês Hospital in São Paulo

prognosis of two months to live and who, after treatment, are still alive more than five years later," reports Martins. "Each year, immunotherapy is approved for more types of tumors."

PERSONALIZED THERAPY

At the Sírio-Libanês Hospital—a private institution headquartered in São Paulothe Teaching and Research unit is also focused on research that has the potential to move from the bench to the medical clinic. "The first question we want to answer is how to identify changes that can cause patients with the same kind of tumor to present different responses to treatment," confirms biochemist Luiz Fernando Lima Reis, director of the unit. He says that 100% of current studies are focused on the identification of biomarkers that can support therapy selection. "We have two lines of research: the search for tumor changes to support treatment decisions and the early diagnosis of resistance to certain drugs," explains Lima Reis.

Studies are carried out at the Sírio-Libanês Center for Molecular Oncology, which was established in 2011 when the Ludwig Cancer Research Institute left the Oswaldo Cruz German Hospital. "With the shutdown of activities at Ludwig in Brazil, the institute's oncology group, which was then led by geneticist Anamaria Aranha Camargo, came to Sírio," notes Lima Reis. Today, Aranha Camargo leads the center, which occupies close to 6,000 m² and is located within the hospital complex. She leads a team of approximately 20 researchers.

Also in the state of São Paulo, the newly named Hospital de Amor (formerly the Cancer Hospital of Barretos), has for the past eight years funded the Teaching and Research Institute and maintains ties to its postgraduate program in oncology. There are four lines of research: palliative care and quality of life, epidemiology and prevention, clinical and surgical oncology, and molecular oncology and pathology. According to the molecular biologist Rui Manuel

Reis, scientific director for the Teaching and Research Institute, more than 200 professionals are involved in scientific studies; of these professionals, 30 are postgraduate program advisors, and 10 are full-time researchers. The building offers them a 3,000-m² area that includes the Dr. Ricardo Renzo Brentani Tumor Bank. "Today, we have more than 220,000 samples of tumor tissue, blood, and other fluids from more than 40,000 patients, collected between 2006 and 2018. These samples are extremely valuable for translational medicine," confirms Reis.

Reis explains that the biobank has been fundamental in providing support to genomic research, which aims to map genetic changes to develop personalized cancer therapy. "The majority of the drugs we use were developed for the profile of foreign patients. Few studies explore the genetic profile of the Brazilian population," notes Reis. The Hospital de Amor is involved in various national and international research consortiums. such as the International Cancer Genome Consortium (ICGC), which includes representatives from 16 countries. In this consortium, a project developed by Brazilian researchers is performing the genetic mapping of melanoma.

The studies carried out by the Hospital de Amor, whose patients are always served by the Brazilian Unified Health System (SUS), depend almost exclusively on grants from funding agencies. Today, close to R\$10 million has been allocated to teaching and research. In 2015, the institution received funds from a large labor settlement in Brazil.

Shell/BASF had to pay damages to employees, in addition to compensation of R\$200 million, as the result of a lawsuit filed by the Brazilian Ministry of Public Service against its Campinas factory for causing occupational illness. The funds were applied to eight nonprofit units that provide services to SUS. The Hospital de Amor received R\$70 million, which was invested in three initiatives: the construction of the Molecular Research Center for Prevention in Barretos and the Institute for Prevention in Campinas, both of which were inaugurated in 2017, and the acquisition of four trucks to operate as mobile clinics to provide free cancer testing and educational programs.